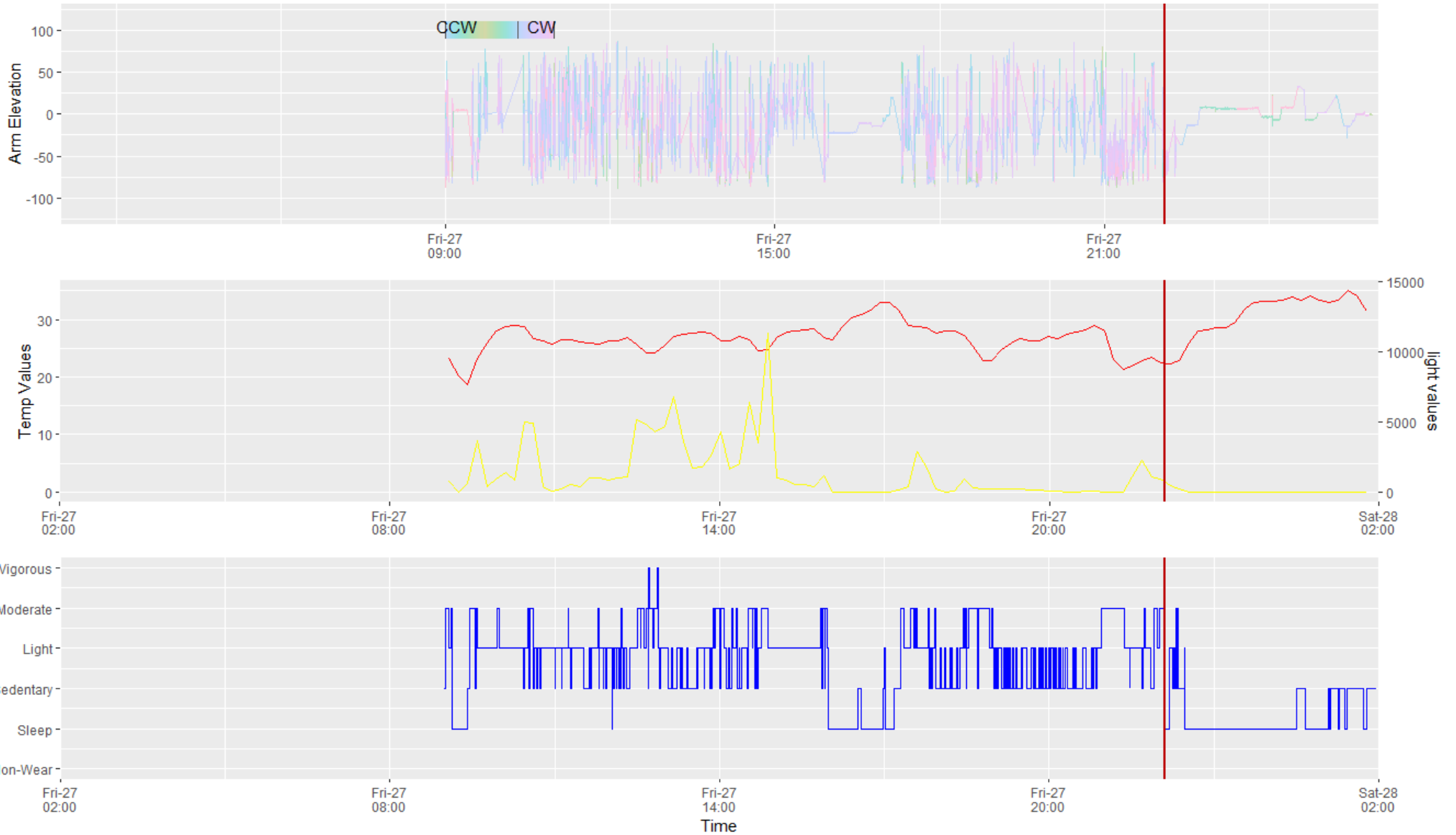
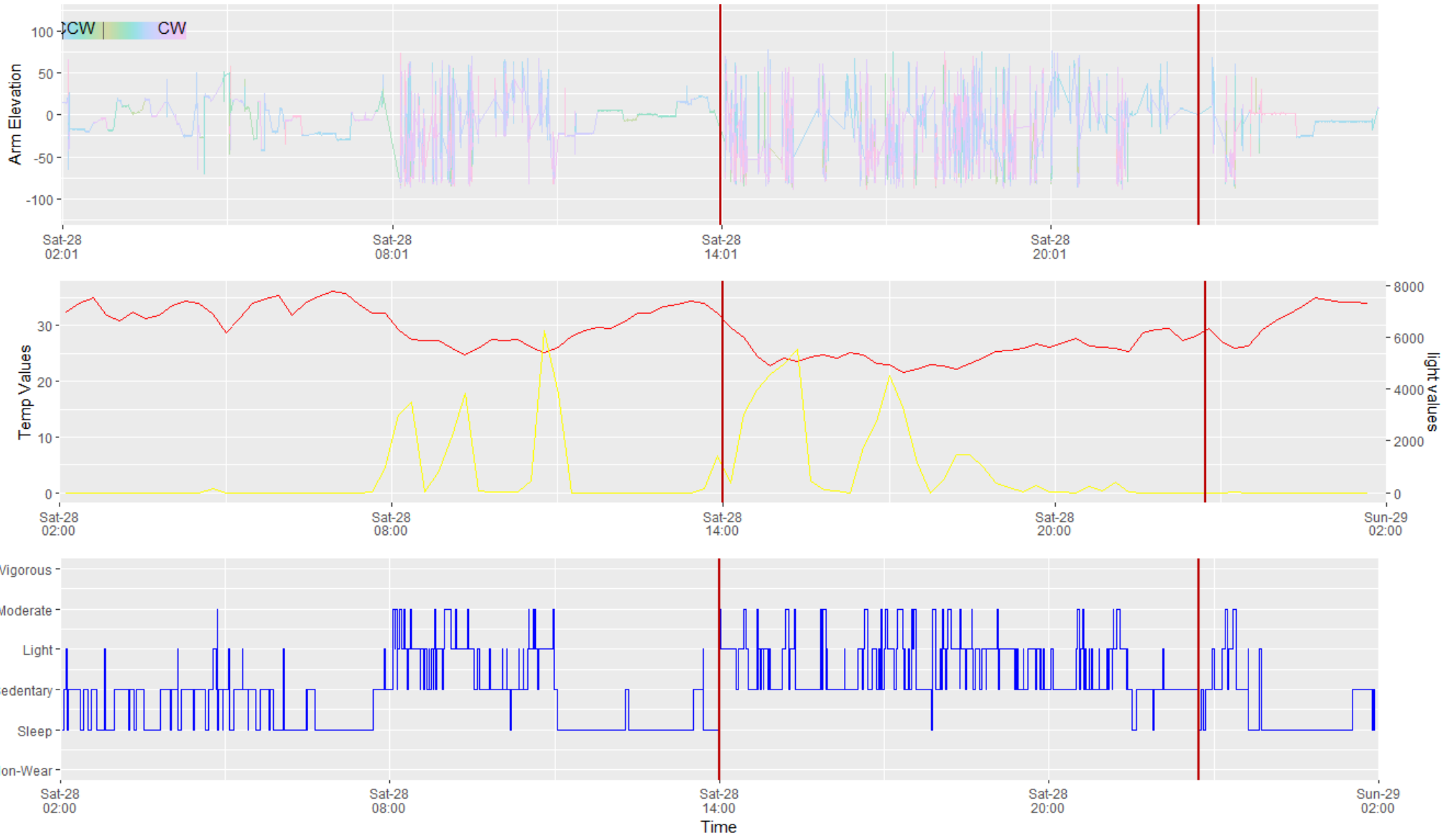
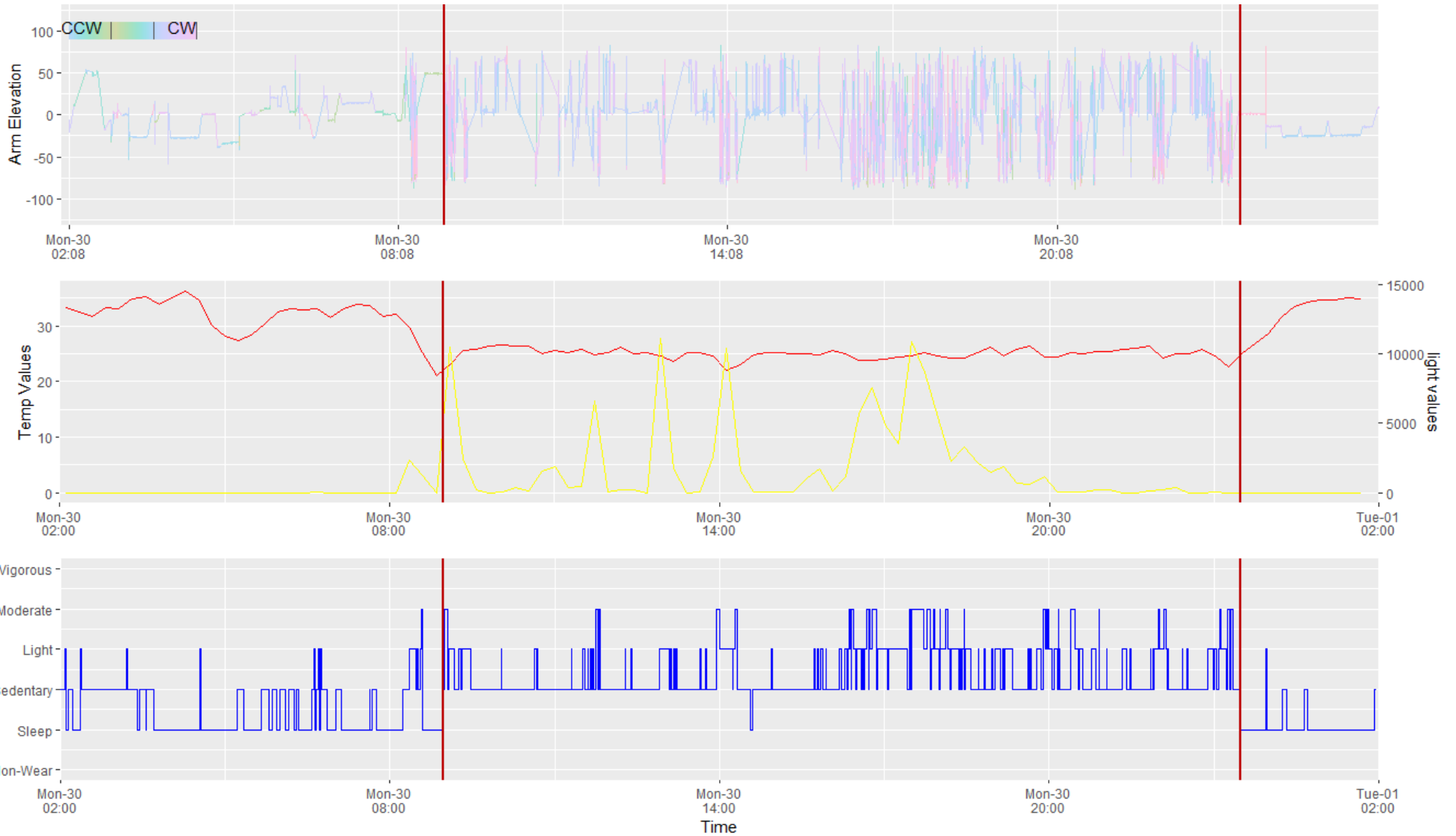


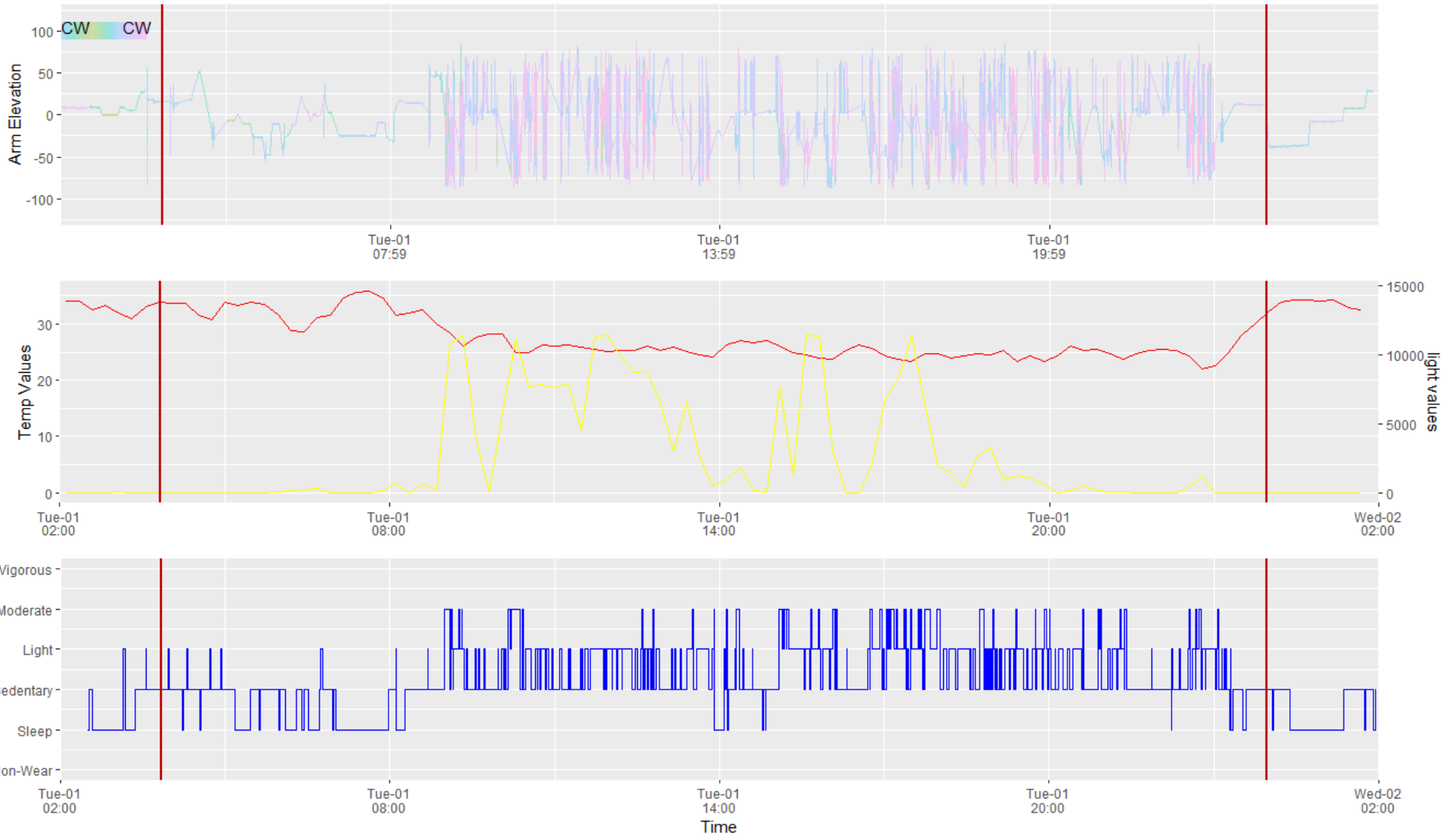
# ACTIVITY REPORT







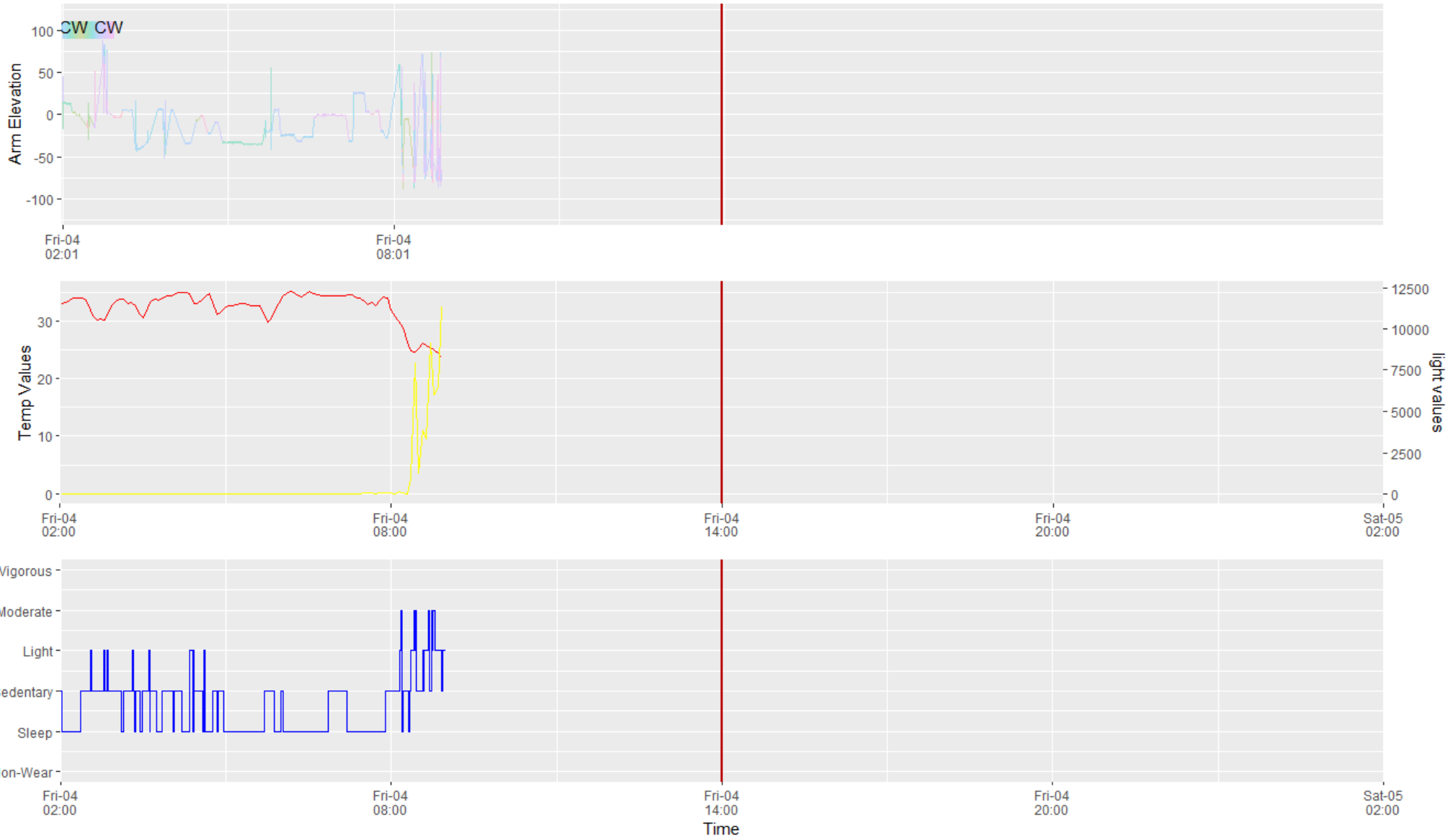












DAILY ACTIVITY SUMMARY.

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Day.Number	Steps	Non_Wear	Sleep	Sedentary	Light	Moderate	Vigorous
1	18861.0	00:00	04:01	04:15	06:22	02:20	00:02
2	12150.5	00:00	07:46	10:03	04:50	01:19	00:00
3	20665.0	00:01	07:21	07:29	06:17	02:48	00:00
4	12266.5	00:00	06:28	12:40	04:14	01:07	00:00
5	15392.0	00:00	04:03	12:03	05:57	01:27	00:00
6	17407.0	00:00	07:37	09:12	04:27	02:42	00:03
7	16292.0	00:00	06:49	08:29	06:46	01:50	00:00
8	1628.5	00:00	03:20	03:01	00:30	00:07	00:00

DAILY SLEEP SUMMARY.

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Night.Starting	Sleep.Onset.Time	Rise.Time	Total.Elapsed.Bed.Time	Total.Sleep.Time	Total.Wake.Time	Sleep.Efficiency	Num.Active.Periods	Median.Activity.Length
2018-04-27	23:06	15:00	15:54	08:14	07:39	51.9	49	274
2018-04-28	23:43	09:06	09:25	06:16	03:09	66.5	25	202
2018-04-29	23:13	09:58	10:45	07:08	03:36	66.4	27	215
2018-04-30	00:28	04:50	04:22	03:03	01:18	70.0	8	129
2018-05-01	00:57	11:24	10:27	06:02	04:25	57.7	27	262
2018-05-02	23:44	06:41	06:59	05:29	01:29	78.6	15	116
2018-05-03	00:14	15:00	09:45	05:03	04:42	51.8	34	285
Mean	23:55	10:17	09:39	05:54	03:45	63.3	26	212

DEVICE DETAILS.

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Title	Sleep_Report
Date_Created	2019-07-03
Binfile	C:/Users/joss/Desktop/Activinsights_Multifile_Activity_Report_1_0/Data/jl1_left_wrist_024603_2018-05-04_09-04-52.bin
Analysis_Code_Version	0.1
Subject_Code	jl1
Serial_Code	1900-1-1
Date_Of_Birth	1900-1-1
Sex	
height_m	
weight_kg	
handedness	
Original_sample_frequency_Hz	100.0
Start_Time	2018-04-27 09:00:00:000
Measurement_period	168 Hours