

About the Activinsights Band

Activinsights deliver patient lifestyle insight to healthcare professionals using validated wearables.

The Activinsights Band is designed to intelligently measure movement to infer everyday behaviours, this allows healthcare professionals to look at how your lifestyle may be impacting your health.



Is it waterproof?

Yes, it is fully waterproof and robust, so you can for example, swim or shower with the device on. There should be no reason at all to remove the device for the entire measurement period. The only exceptions are if you enter a sauna or have a medical scan.

How do I know it's working?

The device will continuously record data. It purposefully does not provide any feedback at all. The Activinsights Band does not require any charging or maintenance whilst in your possession.

How do I clean the device?

You can clean the device using hot water and sponge, or an antibacterial wipe. Do not spray perfumes or use lotions directly on the Band.

What is the device made of?

The Activinsights Band is constructed from medical grade plastics. The buckle and backplate are stainless steel.

In the unlikely event that you do experience any skin irritation, we recommend you remove the device and inform your healthcare or research professional.

[activinsights.com](https://www.activinsights.com)

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What is the device measuring?

It measures movement and provides lifestyle analysis based on scientifically validated algorithms to give objective behaviour data around your physical activity and sleep. The Activinsights Band detects up to 10 basic activities with estimates of steps, movement and energy expenditure.

Why measure my behaviour?

Lifestyle measurement is fundamental in understanding the intricacies of people's daily lives and how behaviours impact health. One week of data collection is enough to provide screening information or support a differential diagnosis.

Does it know my location?

No, the device does not have GPS or any other location recording capability. Once the activity data is uploaded, only the healthcare professional can match the behaviour data with your directly identifying personal information.

Is the data safe?

Yes, the device carries no information that can identify you directly. The Activinsights Band uses the Coelition global standard to give confidence and security to both patients and practitioners.

Privacy & Security

Activinsights uses Coelition open standards and secure servers in the design of its data systems to provide confidence and transparency.

Coelition

Activinsights is a registered member of Coelition as are our data service providers. Coelition is a non-profit organisation that helps systems to use personal data in a responsible way.



Coelition

Your Data

Activinsights does not send information that identifies you directly out of the clinic in which you were issued the device. You should be asked for your consent to record lifestyle data by your healthcare professional. The privacy policies that govern how we will manage your data are carefully described here: coelition.org

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