

### About the Activinsights Band

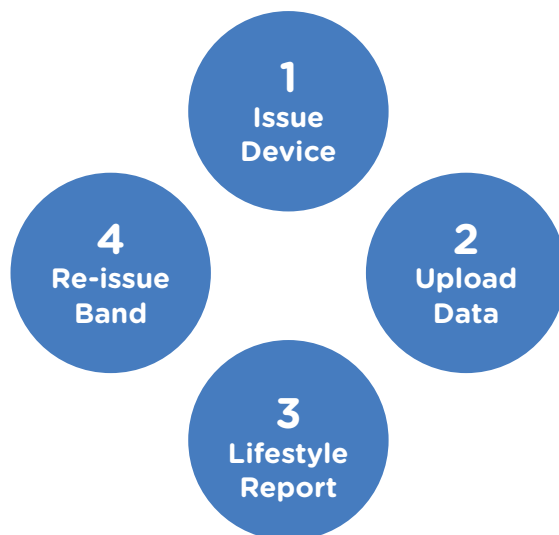
Activinsights deliver patient lifestyle insights to healthcare professionals using validated wearables.

The Activinsights Band is a low risk, cost effective diagnostic tool to assist healthcare professionals in the diagnosis and management of specific conditions such as obesity, diabetes and circadian rhythm disorders.



### How it works

The Activinsights Band can be fitted in just a few minutes.



### Features

- Wireless
- 100% waterproof
- 1 year battery life
- No charging required
- Ergonomic neutral design
- Validated algorithms

### Returning the device

On return, the data is uploaded wirelessly with a single button press. A comprehensive lifestyle report is then immediately available for discussion.

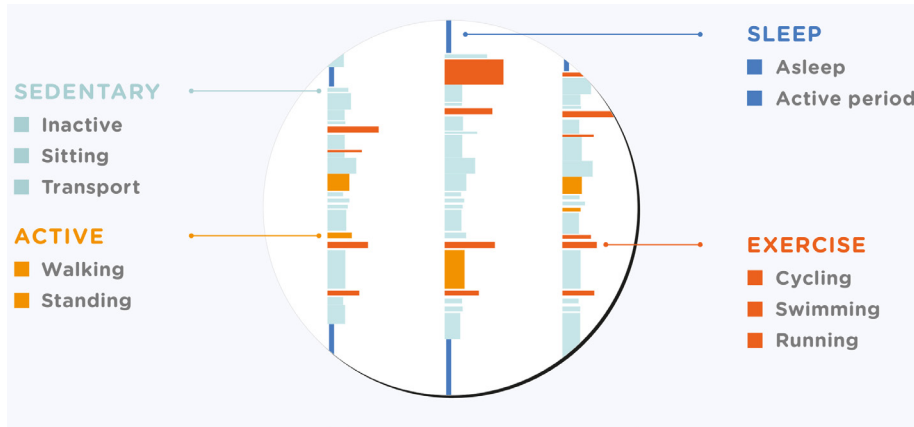
These reports provide invaluable information for patients and professionals to work together when planning effective interventions.

[activinsights.com](https://activinsights.com)

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### Lifestyle Reporting



### Delivering Lifestyle Insight

Activinsights provide the tools to measure patient behaviours accurately. The lifestyle reports and visualisations can be matched to the needs of the customers in a wide range of applications.

Scientifically validated, professional wearables deliver greater insights into sedentary behaviours and physical activity. These are important elements in driving behaviour change and will ultimately impact on global health.

### Managing Data

We use transparent, open data protocols in all our products and services. The Activinsights Band uses the Coelition global standard to give confidence and security to both patients and practitioners.

The system is based on behavioural event coding for interoperability with any measurement system or connected device.

### Activity Events

Activity events are recorded by the Activinsights Band. This allows both the patient and health professional to view lifestyle patterns over a specified time period.

### Daily Summary

A daily summary of the patient's approximate total energy expenditure and steps taken is instantly visible in the overview.

### Sleep/Wake Pattern

The detailed sleep/wake pattern analysis combines to provide deep insight into the patient's circadian rhythm.

### Event Marker

The patient can use the button to record specific events such as medication, pain episodes or even caffeine consumption.

### Target Settings

Wear periods can be compared over time to show progress on key measures. Targets can be set automatically or personalised to provide achievable goals for the patient.

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